

# WOMENS BIBLE STUDY

## *The Daughters of Zelophehad*

### **GLOWING with God**

Glowing Through Adversity, Grief,  
and Personal Transformation

**Created and Facilitated by:**

Mrs. Charmaine Pitt, M.Ed

*For the woman who has ever had to speak up, carry  
silently, or trust God through it.*

# OUR TIME TOGETHER

Welcome and Setting the Tone

Understanding the Daughters

Glowing with God Through Adversity

Glowing with God Through Grief

Glowing with God Through Personal  
Transformation

Reflection and Community Conversation

Closing



# Bible Study Outcomes



**By the end of this study, you will be able to:**

- **Understand and Reflect:** Gain a deeper understanding of the historical context of the daughters of Zelophehad and reflect on how their story connects to your own life experiences, challenges, and seasons of growth.
- **Connect and Share:** Share and grow alongside other women through honest conversation, encouragement, and collective wisdom.
- **Respond with Intention:** Leave with practical, faith-centered ways to navigate adversity, grief, and personal transformation while staying grounded in God and growing through each season.

## Before We Begin

*Space to reflect, be honest, and honor your journey*

**Honor the Silence:** There will be moments of quiet reflection. This is not “dead time”. This is where God speaks, where clarity comes, and where you get to sit with what you’ve been carrying.

**Breakout Rooms: Your Space to Connect:** We’ll be using breakout rooms for small group conversations. This is your time to connect, share, and listen. The women in your group may not know your full story, but there is wisdom, understanding, and encouragement in being in community together.

**Safety & Honesty:** This is a space where you can be real. You don’t have to have it all together here. You can speak honestly about what’s hard and still be held with care. What is shared in this space stays in this space.

**The Glowing Woman’s Guide:** Throughout our time together, you’ll see moments to pause, reflect, and write. Don’t rush through them. These are intentional spaces for you to check in with yourself and hear from God about where you are and what you need.



# The Daughters of Zelophehad



## Numbers 27:1-9



### Key Historical Notes:



### About the Daughters:



### Pause and Think

### Personal Reflection

*Before we read:*

What is something in your life that may require courage like this?

# Theme 1: Glowing with God through Adversity



## When Silence Isn't an Option

The daughters of Zelophehad were navigating loss, uncertainty, and a system that did not naturally make room for them.

And yet... they spoke.

They could have stayed silent. They had every reason to. But instead, they chose to bring their situation forward.

As women, we often know what it feels like to carry what is heavy while still being expected to show up. To move forward in spaces that may not always see or understand us.

Glowing with God through adversity is not about having all the answers. It is about choosing to stand, even when it would be easier to remain silent.

## Connect and Share Through Community

In your breakout rooms, you will be assigned a scenario based on your room number. Read the scenario together and talk through how you would respond, encourage, or support your sister in Christ.

Use this time to listen, share, and grow together. Be honest, be gracious, and share only what you feel comfortable sharing.

- **Topics**

- Womanhood Under Scrutiny
- Age vs Ability
- The Woman Who Never Slows Down
- The Weight of Friendships and Family



## Understand and Reflect

1. What stands out to you most about the daughters' decision to speak up in the middle of adversity?
2. In what area of your life have you had to keep going while carrying something heavy?
3. How have the expectations placed on you shaped the way you show up, speak, or stay silent?
4. What might God be calling you to bring forward with courage in this season?

## Theme 2: Glowing with God through Grief



### Still Showing Up While Carrying It

The daughters of Zelophehad were grieving the loss of their father. With that loss came uncertainty, change, and questions about what their future would now look like.

And yet... they still showed up.

Grief does not always stop life...it often walks alongside it. As women, we learn how to carry what we feel while still showing up for others, for our responsibilities, and for the spaces we are called to.

Glowing with God through grief does not mean you are no longer hurting. It means you are not carrying it alone.



### Understand and Reflect

1. What stands out to you about how the daughters continued forward after loss?
2. What have you been carrying while still showing up for others?
3. How has what you've experienced shaped the way you process or express grief?
4. What would it look like to bring that part of your life to God honestly?



### Connect and Share through Community

*How has what you've been carrying impacted the way you show up in your life, your relationships, or your faith?*

In your breakout rooms, take a few moments to share and reflect together. You can respond to the reflection questions or share what resonated with you. Listen, encourage, and support one another. Share only what you feel comfortable sharing.

### A Note for the Journey:

*"Grief does not mean you have to stop, but it may call you to pause. God will meet you in the beginning, the middle, and even the end of that pause. When life feels, seems, and is heavy, know that God is sitting with you."*

# Theme 3: Glowing Through Personal Transformation



The daughters of Zelophehad brought their situation forward and God responded.

God did not dismiss them.  
God did not overlook them.  
God affirmed them.

**“What the daughters of Zelophehad are saying is right.”** (Numbers 27:7)

In that moment, what had always been was changed.  
*Transformation does not always happen loudly.*

Sometimes it begins when we bring what is true before God and trust God to respond.

*Glowing with God through transformation* is not about becoming someone new...it is about trusting God with where you are and allowing Him to move in ways you may not expect.



## Connect and Share through Community

*How has what you've been carrying impacted the way you show up in your life, your relationships, or your faith?*

In your breakout rooms, take a few moments to share and reflect together. You can respond to the reflection questions or share what resonated with you. Listen, encourage, and support one another. Share only what you feel comfortable sharing.

## Understand and Reflect

1. What stands out to you about how God responded to the daughters?
2. Where in your life are you waiting on God to respond?
3. What would it look like to trust God with the outcome, even if it unfolds differently than expected?
4. How might this season be shaping or transforming you?



# CONNECT & SHARE

## Breakout Room 1

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### Womanhood Under Scrutiny

**Sis. Danielle (early 30s)** recently stepped into a visible leadership role at church. At the same time, she is helping care for her mother, whose health has been declining. Between work, ministry, and caregiving, she is stretched thin.

Lately, she has noticed that everything she does is being watched and critiqued. From how she dresses, to how she leads, to how she shows up when she's tired. Comments have been made about her "slipping" or "not being as present."

She feels the pressure to be perfect, but she is exhausted. Part of her wants to step back completely just to breathe.

Connect + Share

***What would you say to Sis. Danielle?***

***How can she navigate the pressure while carrying what she's dealing with in private?***

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# CONNECT & SHARE

## Breakout Room 2



### Age vs. Ability

**Mother Evelyn (early 60s)** has served faithfully for years. Recently, she has been helping care for her husband whose health is declining. She is tired, but still wants to stay active in ministry. At times, she feels overlooked and wonders if people assume she no longer has the capacity to lead.

At the same time, **Sis. Kayla (mid 20s)** has stepped into leadership while also helping raise her younger siblings and navigating the pressures of work and life. She feels overwhelmed and often questions if she's truly ready.

She also desires to be married and has started to feel like she needs to be married before she can fully step into leadership and be taken seriously or accepted in certain spaces.

Both women feel unseen in different ways.

Connect + Share

***What wisdom would you offer both Mother Evelyn and Sis. Kayla?  
How can women support one another across seasons of life and  
responsibility?***



Notes

# CONNECT & SHARE

## Breakout Room 3



### The Woman Who Never Slows Down

**Sis. Tasha (late 30s)** is always serving. She is active in multiple ministries, supports her family, and is raising two teenagers who challenge her daily. Between their attitudes, school issues, and constant needs, she feels like she never gets a moment to breathe.

People depend on her, and she takes pride in showing up.

But lately, she has been feeling overwhelmed, emotionally drained, and disconnected from herself—and from God.

She doesn't know how to slow down without feeling guilty or like everything will fall apart.

Connect + Share

***What would you say to Sis. Tasha?***

***What does it look like to set boundaries and care for yourself while still carrying so much?***



Notes

# CONNECT & SHARE

## Breakout Room 4

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### The Weight of Friendships and Family

**Mother Ruth (early 80s)** has served faithfully in the church for decades. She has poured into others, raised her family, and supported ministry in countless ways. Now, many of her peers have passed on, her circle has grown smaller, and her health is not what it used to be.

She still has a desire to be present and connected, but she sometimes feels forgotten or unsure of her place in this current season of the church. At the same time, she is carrying the emotional weight of loss, change, and watching life look very different than it once did.

**Sis. Lauren (early 40s)** is navigating shifting relationships. Some friendships feel one-sided, and family dynamics have become more complicated. On top of that, she has been dealing with her own health challenges, which have forced her to slow down in ways she didn't plan for.

She is used to being the one people rely on, but now she doesn't have the same capacity. She feels guilty for pulling back, but also knows she can't keep showing up the same way.

Both women are learning what it means to navigate relationships in seasons that look different than before.

Connect + Share

***What wisdom would you offer Mother Ruth and Sis. Lauren in this season?  
What does it look like to remain connected, valued, and at peace as life and relationships change?***

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Notes

# MRS. CHARMAINE PITT



Charmaine Williams Pitt is a creative, educator, and leader who lives intentionally by honoring individuals' humanity, speaking life through words of affirmation, and creating spaces for courageous vulnerability.

She is the proud daughter of Apostle Mal and Pastor Mary Williams and has ministered across the United States and internationally in parts of Europe, including France, the Czech Republic, and Slovakia. Through her father's music ministry, she has professionally recorded nine albums as both a lead vocalist and background vocal producer and singer.

Charmaine is a sought-after speaker focused on women's empowerment, leadership, education, and youth advocacy, with a heart for helping women grow spiritually and personally.

In the marketplace, she serves as an Instructional Coach and Principal Apprentice with nearly 15 years of experience in education. She is also the Marketing Director for WELV (Women Education Leaders of Virginia), where she leads branding, communications, and outreach efforts that amplify the work of women leaders across the state.

She is a graduate of Winston-Salem State University, holds a Master's in Secondary Education, and is completing a Post-Master's Certificate in Educational Leadership and Administration (May 2026, 4.0 GPA).

Charmaine is the author of *Confessions of a Broken Church Girl and Like Mother, Like Daughter: A 7-Day Practical Devotional*.

She is newly married to Mr. Rashaad Pitt, a principal and passionate educator, and together they are committed to leadership, service, and impact through education and faith.

# Notes

